

Unit Schedule

Day 1 (Focus: Eat)

- Do page titled “Verbs: Eat”
- Do first “eat” sight words page.
- Read the book, “Cooking and Eating on the Train”

Day 2 (Focus: Eat)

- Do page titled “Verbs: Eat” (for repeated practice)
- Do second “eat” sight words page.
- Do first “can” sight words page.
- Read the book, “Cooking and Eating on the Train”

Day 3 (Focus: Cook)

- Do page titled “Verbs: Cook”
- Do first “cook” sight words page.
- Read the book, “Cooking and Eating on the Train”

Day 4 (Focus: Cook)

- Do page titled “Verbs: Cook” (for repeated practice)
- Do second “cook” sight words page.
- Do second “can” sight words page.
- Read the book, “Cooking and Eating on the Train”

Bonus Day: Read the book, “I Want to Cook” (free on my TeachersPayTeachers Page): <https://www.teacherspayteachers.com/Product/Cooking-Unit-Supplement-I-Want-to-Cook-Book-Autism-Special-Education-17257932>

Throughout the Week:

- Talk about the vocabulary words while eating and cooking in your daily routine.
- Do the flashcards a few times. You can either show one flashcard and ask, “What are they doing?” or put out two pictures on the table and ask the student, “Which one is cooking?” or “Point to cooking” etc.

Name: _____ Date: _____

Verbs: Eat

First, watch the video at: <https://youtu.be/6F2GTYNrzgc?si=vkzl6vCplmZmyzhp>

Then, cut out and match the words and pictures. The teacher reads the word out loud to the student if needed. The purpose is not to read the word; it is to practice the concept.



eat



eat	eat	eat



eat

eat

Name: _____ Date: _____

Verbs: Cook

First, watch the video at: <https://www.youtube.com/shorts/7swLJPb0oFs>

Then, cut out and match the words and pictures. The teacher reads the word out loud to the student if needed. The purpose is not to read the word; it is to practice the concept.



cook



cook

cook

cook



cook

cook



Cooking and Eating on the Train



Would you like to eat on a train?



The man can cook pizza on the train.

1



The woman can eat pizza on the train.

2



The man can cook fries on the train.

3



The woman can eat fries on the train.

4



The man can cook chicken nuggets on the train.

5



The woman can eat chicken nuggets on the train.

6



The man can cook salad on the train.

7



The woman can eat salad on the train.

8

Name: _____ Date: _____

Sight Words: Can

Read

can

Color

can

Find

Can we go?

Spell

--	--	--

Circle

b	c	a	n	r
a	f	l	i	v
s	c	a	n	e

Find

can	can
pat	can
cap	tan

c n a

Name: _____ Date: _____

Sight Words: Can

Read

can

Spell

--	--	--

Fill In

c	a	
---	---	--

c		n
---	--	---

	a	
--	---	--

Trace

can

Write

Find and Circle or Paint Dot

can and can **can** cow

man can hat draw can

Name: _____ Date: _____

Sight Words: Eat

Read

eat

Color

eat

Find

I eat pizza.

Spell

--	--	--

Circle

e	a	t	n	k
a	r	e	a	t
q	e	a	t	e

Find

seat	eat
eat	ears
egg	eat

e t a

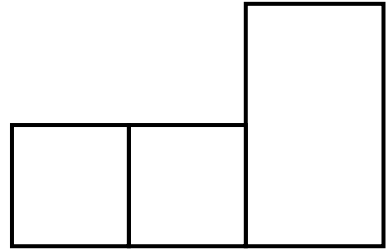
Name: _____ Date: _____

Sight Words: Eat

Read

eat

Spell



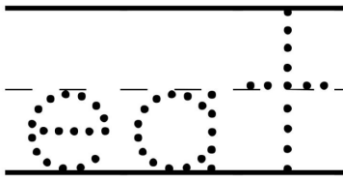
Fill In

e a

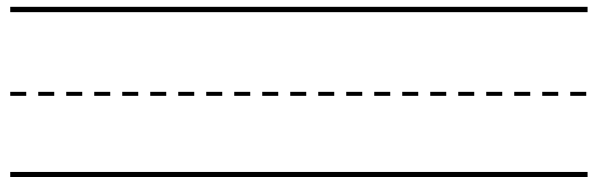
e t

a

Trace



Write



Find and Circle or Paint Dot

seat eat car **eat** wheat

eat ears eat peak eat

Name: _____ Date: _____

Sight Words: Cook

Read

cook

Color

cook

Find

I like to cook.

Spell

--	--	--	--

Circle

c	o	o	k	g
e	c	o	o	k
a	s	t	y	m

Find

open	look
cook	boom
cook	cook

o c o k

Name: _____ Date: _____

Sight Words: Cook

Read

cook

Spell

--	--	--	--

Fill In

c	o		
---	---	--	--

	o	o	
--	---	---	--

Trace

cook

Write

Find and Circle or Paint Dot

book cook spoon **cook** cook

come food cook cook read

Flashcards



Clip Art Credits

- https://www.magnific.com/free-vector/cute-girl-character-wearing-chef-hat-cooking-food_14443216.htm#fromView=search&page=1&position=9&uuid=78c857a6-96af-4632-af55-66459107ee9f&track=ais_hybrid&query=cook
- https://www.magnific.com/free-vector/afro-woman-cooking-with-pan_137411950.htm#fromView=search&page=1&position=13&uuid=78c857a6-96af-4632-af55-66459107ee9f&track=ais_hybrid&query=cook
- https://www.magnific.com/free-vector/afro-man-mixing-with-pot_136881232.htm#fromView=search&page=1&position=40&uuid=78c857a6-96af-4632-af55-66459107ee9f&track=ais_hybrid&query=cook
- https://www.magnific.com/free-vector/woman-cutting-tomatoes_137410865.htm#fromView=search&page=1&position=7&uuid=78c857a6-96af-4632-af55-66459107ee9f&track=ais_hybrid&query=cook
- https://www.magnific.com/free-vector/girl-eating-cake-isolated-illustration_88415273.htm#fromView=search&page=1&position=0&uuid=89032d4f-b519-41f7-a7f7-e47b256771cf&track=ais_hybrid&query=eat
- https://www.magnific.com/free-vector/one-happy-boy-eating-table_18973385.htm#fromView=search&page=1&position=1&uuid=89032d4f-b519-41f7-a7f7-e47b256771cf&track=ais_hybrid&query=eat
- https://www.magnific.com/free-vector/woman-eating-pastry-illustration-isolated_88817598.htm#fromView=search&page=1&position=3&uuid=89032d4f-b519-41f7-a7f7-e47b256771cf&track=ais_hybrid&query=eat
- https://www.magnific.com/free-vector/people-with-food-collection_7035481.htm#fromView=search&page=1&position=16&uuid=89032d4f-b519-41f7-a7f7-e47b256771cf&track=ais_hybrid&query=eat
- https://www.magnific.com/free-vector/cartoon-character-chef-boy-cooking-food_16263276.htm#fromView=search&page=1&position=9&uuid=32266413-cbfd-4946-8c4f-89c7d448e651&track=ais_hybrid&query=cook+clip+art
- https://www.magnific.com/free-vector/cartoon-character-sticker-with-chef-girl-cooking_16456727.htm#fromView=search&page=1&position=5&uuid=32266413-cbfd-4946-8c4f-89c7d448e651&track=ais_hybrid&query=cook+clip+art
- https://www.magnific.com/free-vector/cooking_4805723.htm#fromView=search&page=1&position=7&uuid=b309792f-a15e-4c61-8ff9-f350e9d342db&track=ais_hybrid&query=cook+salad+clip+art
- https://www.magnific.com/free-psd/delicious-pepperoni-pizza-slice_426594781.htm#fromView=search&page=1&position=6&uuid=4f77660f-de7c-45a5-9520-5d607cef3018&track=ais_hybrid&query=pizza+slice
- https://www.magnific.com/free-photo/two-chicken-nuggets-isolated-white-background_58929785.htm#fromView=search&page=1&position=0&uuid=e3bf7235-7b52-4abb-9dce-869650a51ce6&track=ais_hybrid&query=chicken+nuggets
- <https://www.foxbusiness.com/lifestyle/amtrak-unveils-new-trains-will-replace-aging-fleet>