# Interval Recording Sheet

*(Used to estimate length of time engaged in a behavior or instances of a behavior)*

**Student:** __________________________  Interval Length (in seconds): __________

**Behavior:** ______________________________________________________________

- □ Baseline
- □ Intervention

<table>
<thead>
<tr>
<th>Observation Date: __________</th>
<th>Beginning Time: __________</th>
<th>Ending Time: __________</th>
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How to Record:
- “Partial-Interval” Recording: Mark a plus (+) if the behavior occurred at any point during the interval; record a minus (-) if the behavior did not occur at any point during the interval.
- “Whole-Interval” Recording: Mark a plus (+) if the behavior occurred throughout the entire interval; record a minus (-) if the behavior did not occur throughout the entire interval.
- Scoring: calculate the percentage of possible intervals that the behavior occurred (ex. 50/60 = 83%)

**Notes:**

Data Sheet created by Nicole Caldwell, www.PositivelyAutism.com